

Section 8

9 sessions for training Peer Coaches

The main aim of these 9 sessions is to enable young people, workers or coaches to set up a peer group education project focused on issues concerning racism, xenophobia, anti-Semitism and intolerance and to explore ways of integrating activities into their own youth work.

We have made no reference: getting to know each other exercises, warming up activities, mid-way evaluation etc. This should be left to the trainer who is designing the programme or course. What you will find in this section are 9 sessions with ideas and guide-lines which you can use in the planning of a training course for coaches who are interested in peer group education and the topics of the 'all different - all equal' campaign.

All models and training sessions carry with them certain limitations. It is not possible, for example, to know the skills of the trainer, the atmosphere in the group, the knowledge level concerning racism, xenophobia, anti-Semitism and intolerance or the place where the training will take place. The training can take place in residential workshops lasting 6 days, during evening sessions held over several weeks or months. Most of the exercises can be used for groups of 15 - 35 persons. We suggest that you read the different sessions, draw from the activities and plan the training in a way which is suitable for your situation or group.



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What is peer group education
- Session 8.2 **S.W.O.T. ANALYSIS**
Peer group education in your own organisation
- Session 8.3 **SILENT FLOOR DISCUSSION**
Racism, anti-Semitism, intolerance and xenophobia,
what does it mean to me?
- Session 8.4 **OPINION CARDS**
Working with young people
- Session 8.5 **PROJECT PLANNING**
How to set up peer group education programme
- Session 8.6 **CASE STUDIES**
Your role as a coach
- Session 8.7 **NETWORKING**
Identifying the different needs of peer educators
- Session 8.8 **USING AUDIO VISUAL MATERIAL**
Educational activities in the area of racism, anti-
Semitism, intolerance and xenophobia
- Session 8.9 **PERSONAL ACTION PLAN AND EVALUATION**
What did I learn and how I am going to use it

all different
all equal

I find it very evil and racist, when people make remarks about me and my boyfriend who's name is Sagil and from Gambia. Some of my 'close' friends have giggled sometimes when the subject 'cruised' around me and Sagil. I believe that is prejudice and racism at the same time.

Tanya Klikkenborg,
18 years, Danish

